

# Book Sleeves

## PATTERN

FREE  
PATTERN

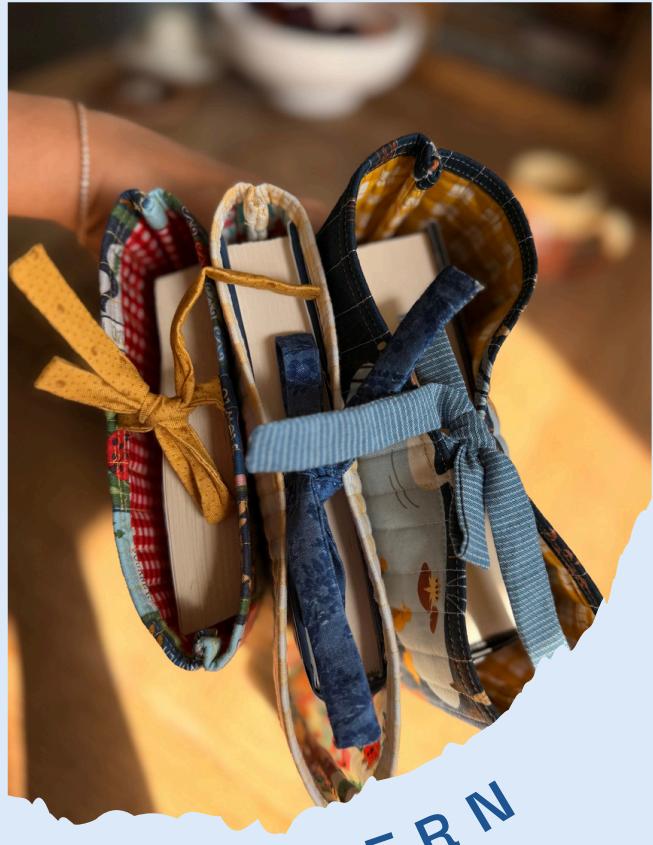


SMALL 7"X9" | MEDIUM 8"X10" | LARGE 9"X11"

[www.fifishandmadequilts.com](http://www.fifishandmadequilts.com)



## BOOK SLEEVE



## PATTERN



# Notes

- Skill level = Beginner
- WOF = Width of fabric
- RST = Right side together
- FQ = Fat Quarter
- F8 = Fat Eighth
- Pattern assumes WOF to be 42"
- All seams are 1/4" unless otherwise noted.
- Pattern corrections: <https://www.fifishandmadequilts.com/pattern-correction>
- Fabrics used: Pond Life by Indigo Designs, Picknick Panic by Cotton + Steel, Udder Chaos By Blank quilting, Beautiful Basics by Maywood Studio, Bookworm by Lewis Irene.
- Tags by Minki Kim <https://sewingillustration.com>



## What you need

- Fabric & Batting (Requirements in the table below)
- Rotary cutter
- Scissors
- Fabric Tube Turner / Loop Turner / safety pin / Chop Stick. For turning fabric ties. (Anyof these options will work)
- Iron and ironing pad
- Thread
- Tags/Labels (**Optional**)
- 1 Letter size steam-a-seam per appliqués (**Optional**)

## Fabric Requirements

Heart	Small 7"x9" (finished)	Medium 8"x10" (finished)	Large 9"x11" (finished)
<b>Outer Fabric</b>	<b>1 FQ or 8½"x20"</b>	<b>1 FQ or 9½"x22"</b>	<b>10½"x24"</b>
<b>Lining Fabric</b>	<b>11½"x 23"</b>	<b>12½"x25"</b>	<b>13½"x27"</b>
<b>Batting</b>	<b>11½"x 23"</b>	<b>12½"x25"</b>	<b>13½"x27"</b>
<b>Applique Fabric (Optional)</b>	<b>Scraps/F8</b>	<b>Scraps/F8</b>	<b>Scraps/F8</b>
<b>Fabric ties</b>	<b>10"x3"</b>	<b>10"x3"</b>	<b>10"x3"</b>

\*The lining fabric and batting are intentionally cut larger than the outer fabric to allow for quilting and trimming. Extra width provides flexibility and ensures accurate sizing.



## Cutting your Fabric

	<b>Small 7"x9" (finished)</b>	<b>Medium 8"x10" (finished)</b>	<b>Large 9"x11" (finished)</b>
<b>Outer Fabric</b>	<b>Cut (x1) 8½"x20"</b>	<b>Cut (x1) 9½"x22"</b>	<b>Cut (x1) 10½"x24"</b>
<b>Lining Fabric</b>	<b>Cut (x1) 11½"x 23"</b>	<b>Cut (x1) 12½"x25"</b>	<b>Cut (x1) 13½"x27"</b>
<b>Batting</b>	<b>Cut (x1) 11½"x 23"</b>	<b>Cut (x1) 12½"x25"</b>	<b>Cut (x1) 13½"x27"</b>
<b>Applique Fabric (Optional)</b>	<b>Refer to applique pages</b>	<b>Refer to applique pages</b>	<b>Refer to applique pages</b>
<b>Fabric Ties</b>	<b>Cut (x2) 10"x1 1/2"</b>	<b>Cut (x2) 10"x1 1/2"</b>	<b>Cut (x2) 10"x1 1/2"</b>

\* Double-check measurements before cutting, especially when making multiple sizes.



## Applique (Optional)

### **Note: Appliquéd is optional and should be completed before quilting.**

- If you would like to add an appliquéd to your book sleeve, do so before quilting and assembling the sleeve. Refer to Appliquéd pages at the end of the pattern.
- You may either print the appliquéd pattern and use it as a template, or print directly onto Steam-A-Seam. When printing onto Steam-A-Seam, be sure to use the inverted version.
- This pattern uses a raw-edge appliquéd method. After fusing your fabric to Steam-A-Seam, cut out all appliquéd pieces and arrange them on the outer fabric following the numbers on each piece (**See diagram Pages 14 & 15**). Adjust the placement as needed until you are satisfied.

#### **Quick Appliquéd Guide** **Appliquéd Placement Overview**

##### **Steps**

###### **1. Prepare the Appliquéd**

- Fuse Steam-A-Seam to the back of your fabric.
- Cut out all appliquéd pieces neatly.

###### **2. Arrange the Design**

- Place the appliquéd pieces on the outer fabric in the desired location.
- Layer pieces in the correct order (**See diagram Pages 14 & 15**)

###### **3. Check Placement**

- Remove the paper on the back of the steam-a-seam.
- Adjust as needed before ironing in place.

###### **4. Stitch the Appliquéd (OPTIONAL)**

- If you are not quilting on top of your appliquéd pieces, Stitch around the edges using your preferred stitch.
- (straight stitch, zigzag, or blanket stitch recommended).

# Quilt Sandwich

## BATTING

Right side  
of the  
fabric

## LINING FABRIC

Right side  
of the  
fabric

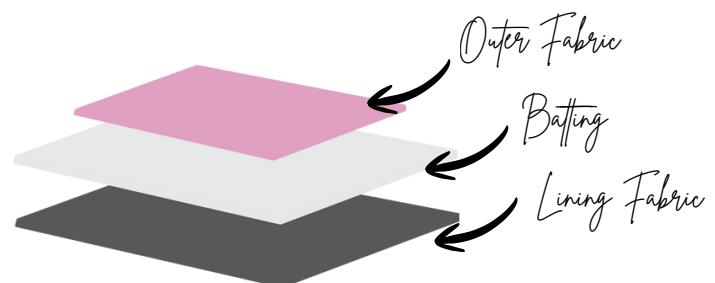
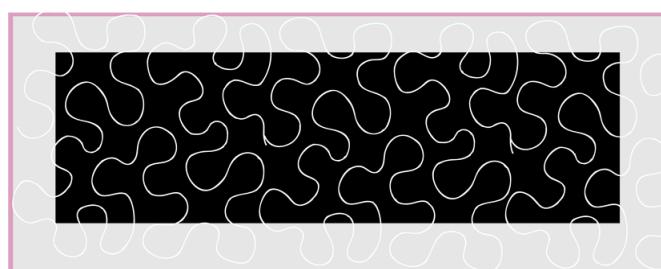
## FABRIC TIE

Right side  
of the  
fabric

## OUTER FABRIC

Right side  
of the  
fabric

- Layer order from bottom to top:
  1. Lining fabric (right side down)
  2. Batting
  3. Outer fabric (right side up)
- Baste layers together. The batting and lining should extend  $1\frac{1}{2}$ " beyond the outer fabric on all sides.
- Quilt as desired. **Fig (1)** When quilting straight lines or crosshatching, use a walking foot.

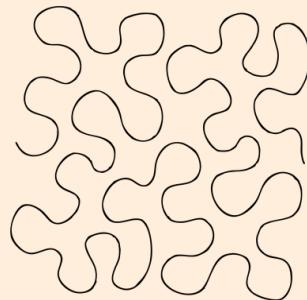


**Fig (1)**

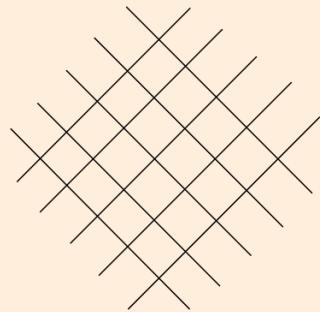
## Quilting Options & Ideas



**Edge to Edge**



**Free Motion**

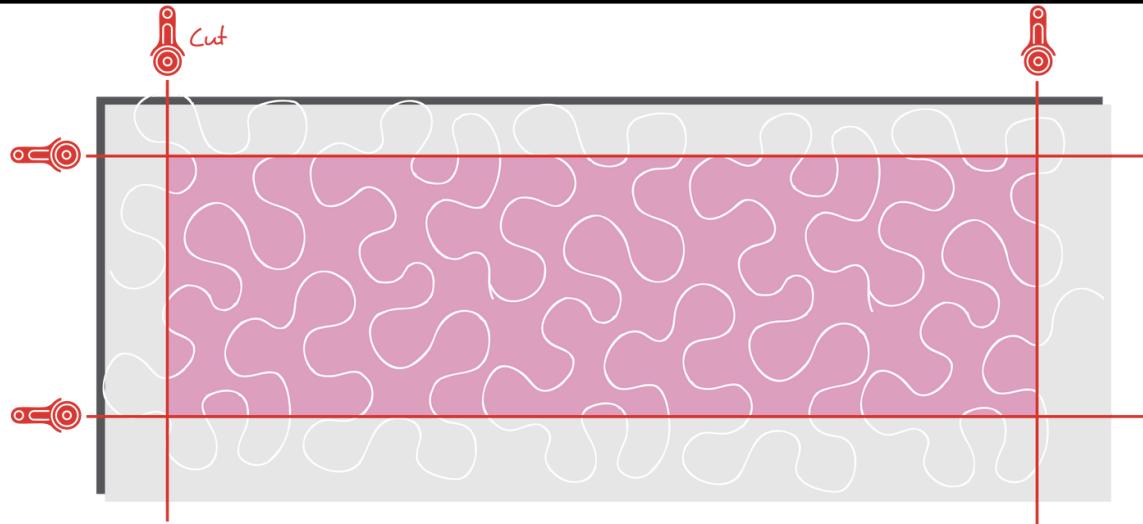


**Crosshatching**

# Trim Quilt Sandwich

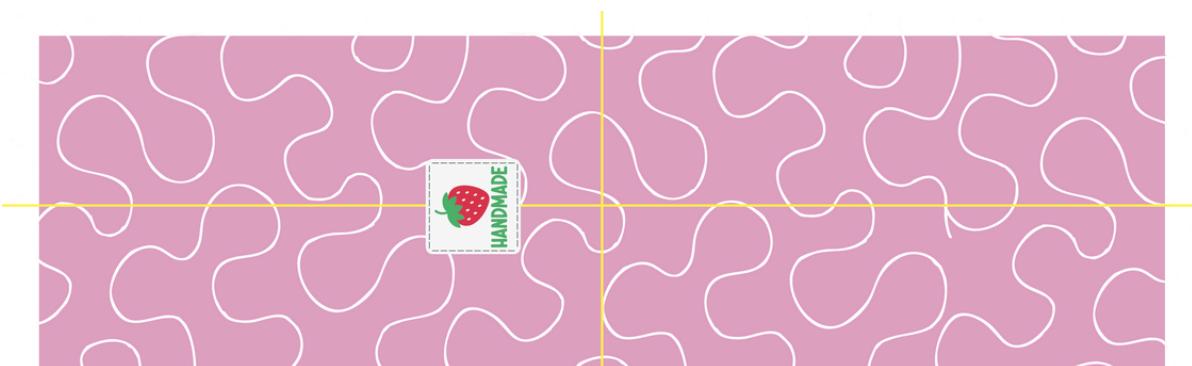
- After quilting, trim the quilt sandwich to the measurements provided for your size. **Fig(2)**

	Small	Medium	Large
Trimmed size	9 1/2" x 19 1/2"	10 1/2" x 21 1/2"	11 1/2" x 23 1/2"



**Fig (2)**

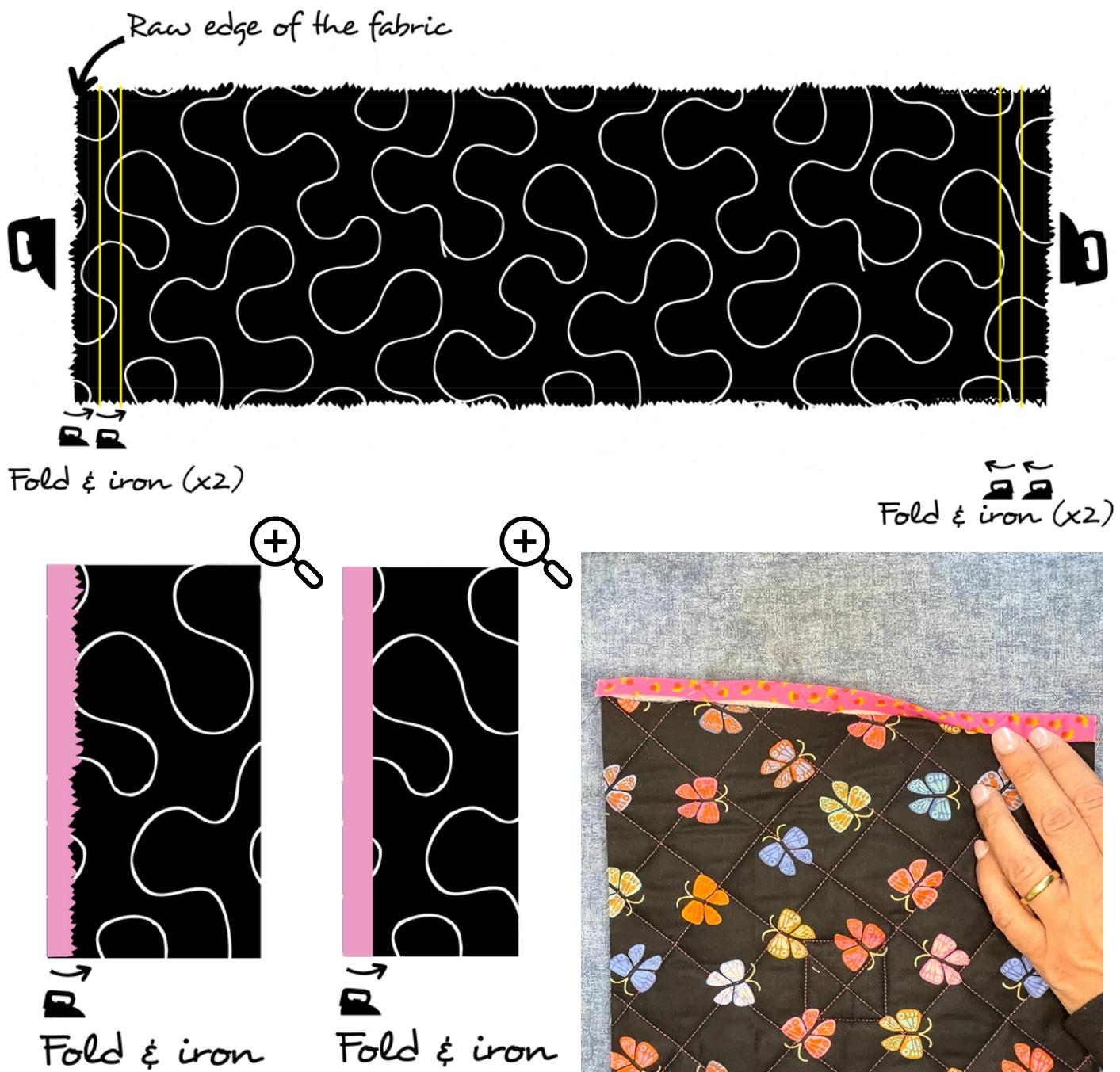
- Trimmed sandwich **Fig(3)**. If you are planning to add a label to your book sleeve, now is the time to do so. Mark the center and sew your label in place.



**Fig (3)**

## Folding the edge

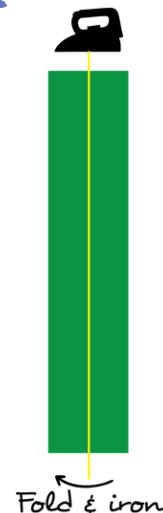
- Flip the piece so the lining fabric is facing up. On each short end, fold the edge inward  $1/4"$  and press. Fold inward another  $1/4"$  to fully enclose the raw edge. **Fig(4)**.
- Press well and set aside.



**Fig (4)**

# Fabric ties

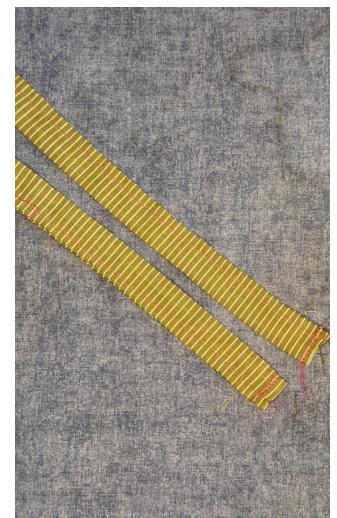
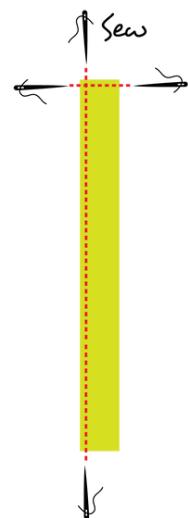
- Fold and iron each tie strip lengthwise with right sides together. **Fig(5)**



**Fig (5)**

- Sew along one long side and one short side using a  $1/4"$  seam allowance, leaving one short end open.

**Fig(6)**



**Fig (6)**

- Turn ties right side out **Fig(7)** using a Fabric Tube Turner or Loop Turner **Fig(8)** or a safety pin.
- Press flat, positioning the seam slightly to one side rather than centered. **Fig(9)**
- Create 2 ties.



**Fig (7)**



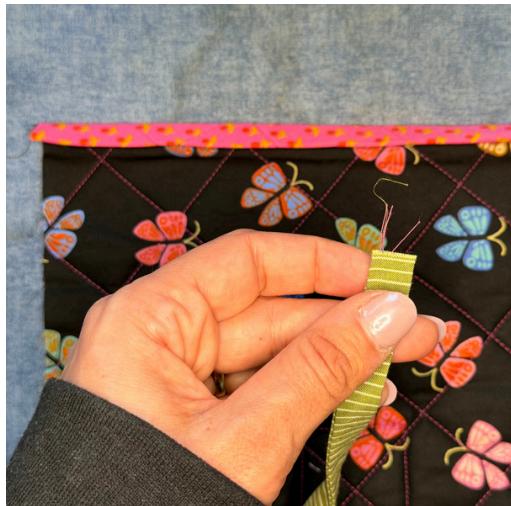
**Fig (8)**



**Fig (9)**

## Placing the fabric ties

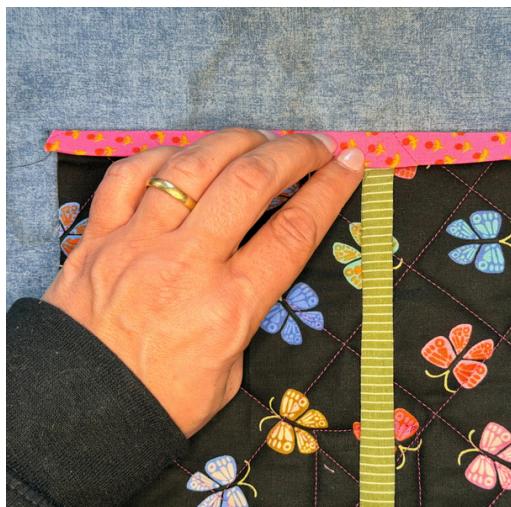
- Now grab your quilt sandwich and both of your fabric ties
- Insert one fabric tie into the folded edge on each short side of the sleeve. Place the tie so the raw edge is inside the fold and the finished edge faces out. **Fig (10)**
- Ensure the raw end of the tie is fully hidden inside the fold. **Fig (11)**
- Fold the fabric over the tie to encase it. **Fig (12)**
- Fold the tie outward so it rests on top of the quilt sandwich and pin securely. **Fig (13)**



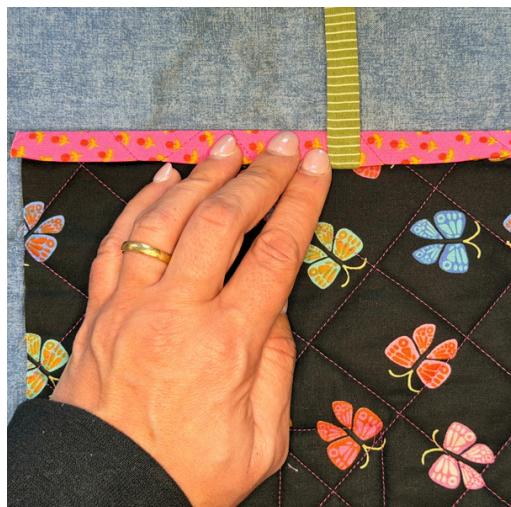
**Fig (10)**



**Fig (11)**



**Fig (12)**



**Fig (13)**

## Securing the fabric ties

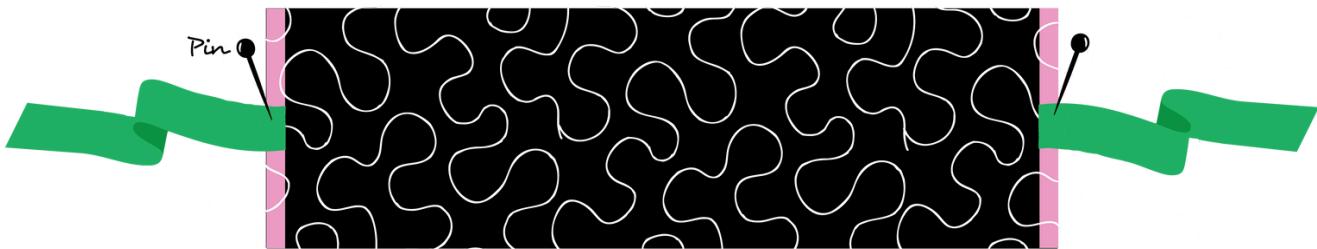


Fig (14)

- Pin in place **Fig (14)**

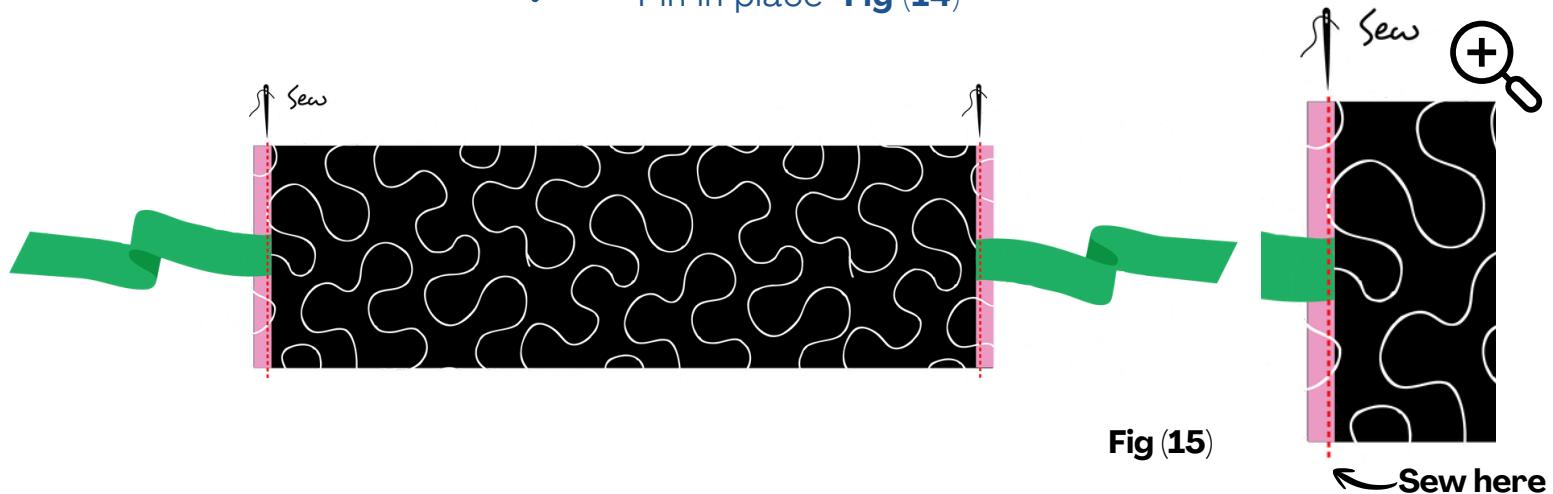


Fig (15)

- Stitch  $\frac{1}{8}$ " from the BOTTOM of the folded edge to secure the fold and the fabric tie. **Fig (15)** Repeat on the opposite side of the book sleeve.

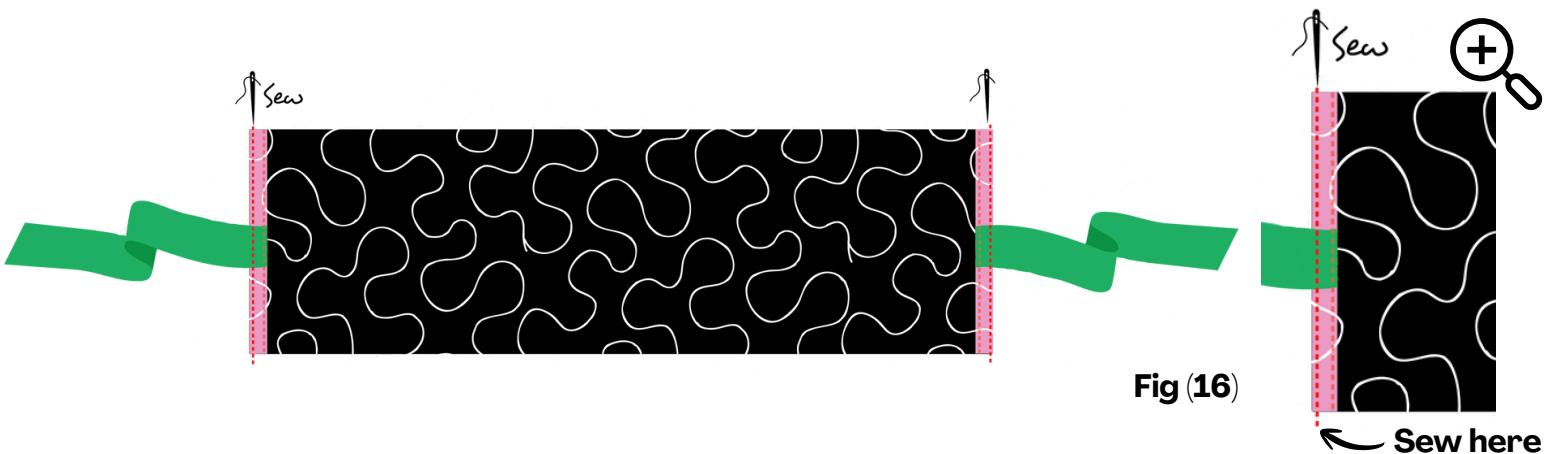
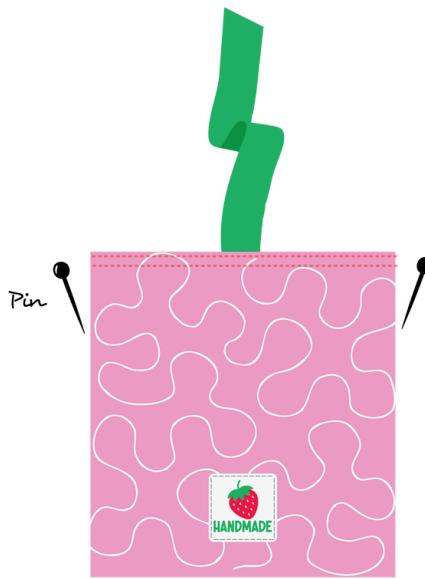


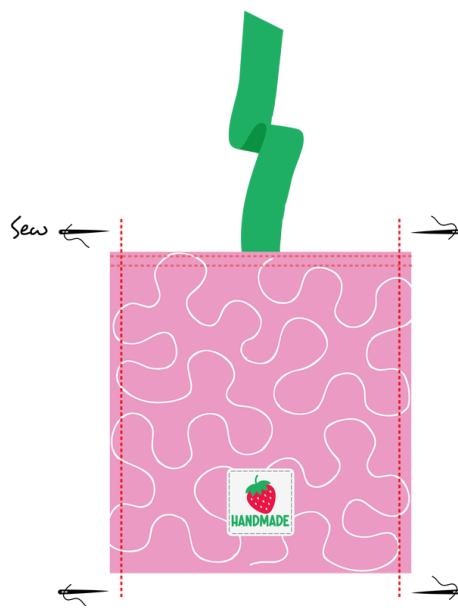
Fig (16)

- Now stitch the very edge roughly  $\frac{1}{8}$ " from the TOP of the folded edge to secure the fold and the fabric tie. **Fig (16)** Repeat on the opposite side of the book sleeve.

## Sewing the sides



**Fig (17)**

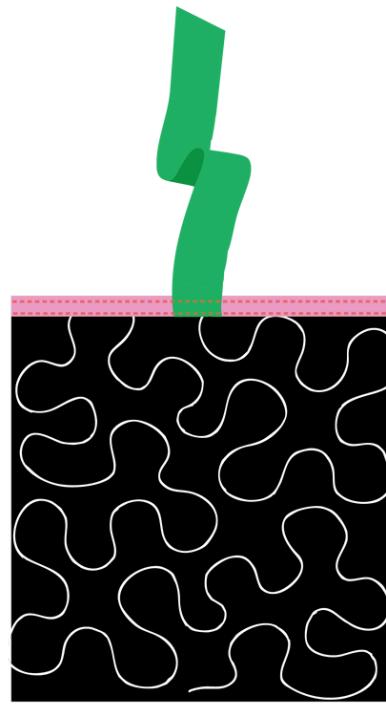


**Fig (18)**



**Fig (19)**

- Now that your fabric ties are sewn in place, let's sew French seams.
- Fold the sleeve in half with wrong sides together. Pin the sides. **Fig (17)**
- Sew both sides using a  $\frac{1}{4}$ " seam allowance. **Fig (18)**
- Trim seam allowances to a scant  $\frac{1}{8}$ ". **Fig (19)**



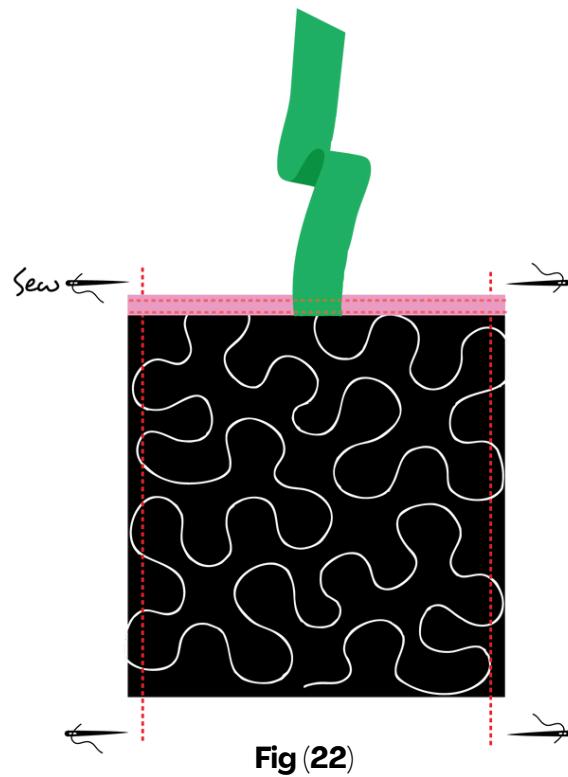
**Fig (20)**

- Turn the sleeve inside out so right sides are together. **Fig (20)**

**\*Make sure the sleeve is fully turned so right sides are together before sewing the second seam.**



- Iron Flat. **Fig (21)**



**Fig (22)**

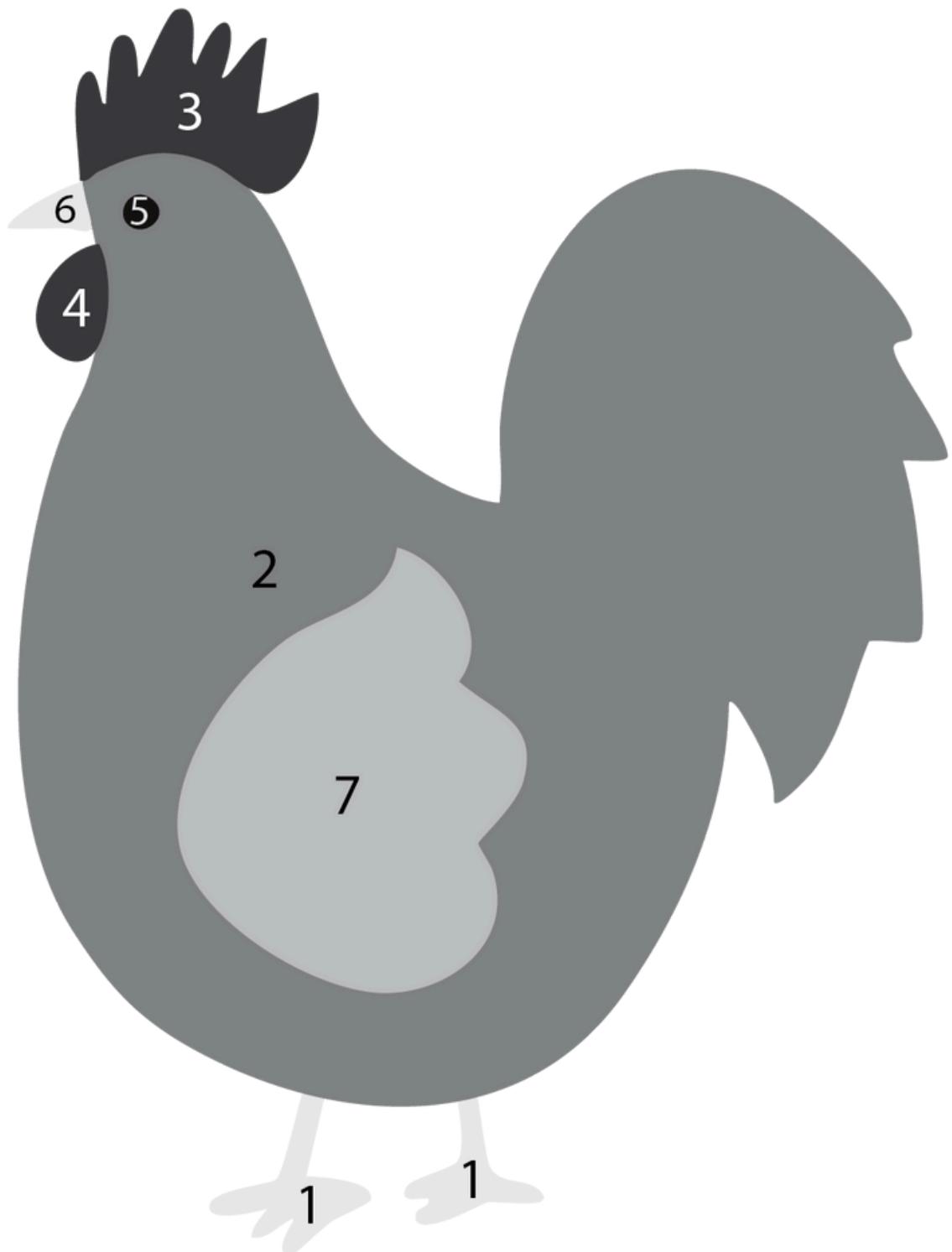
- Sew the sides again using a 1/4" seam allowance to encase raw edges.  
**Fig (22)**



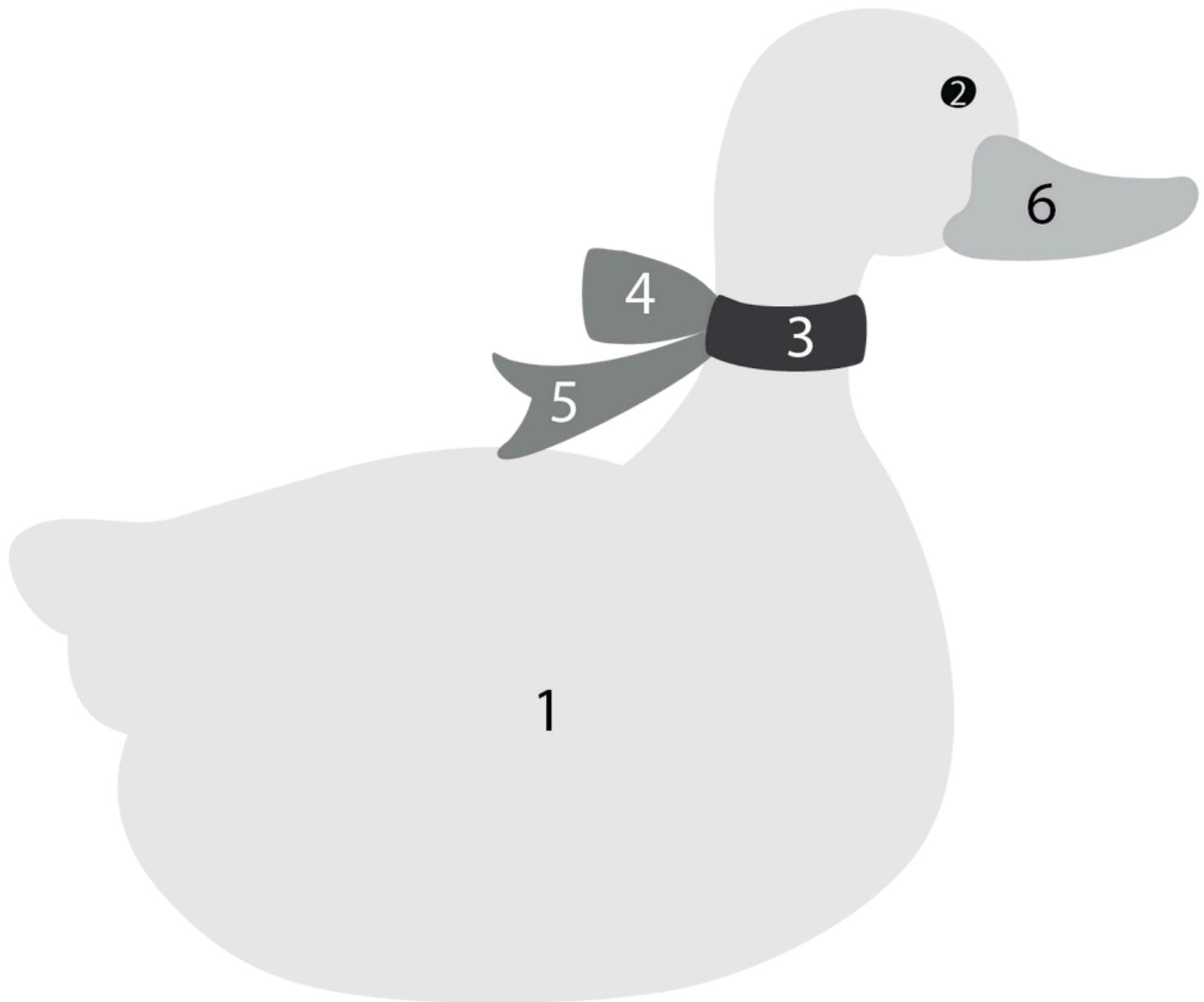
**Fig (23)**

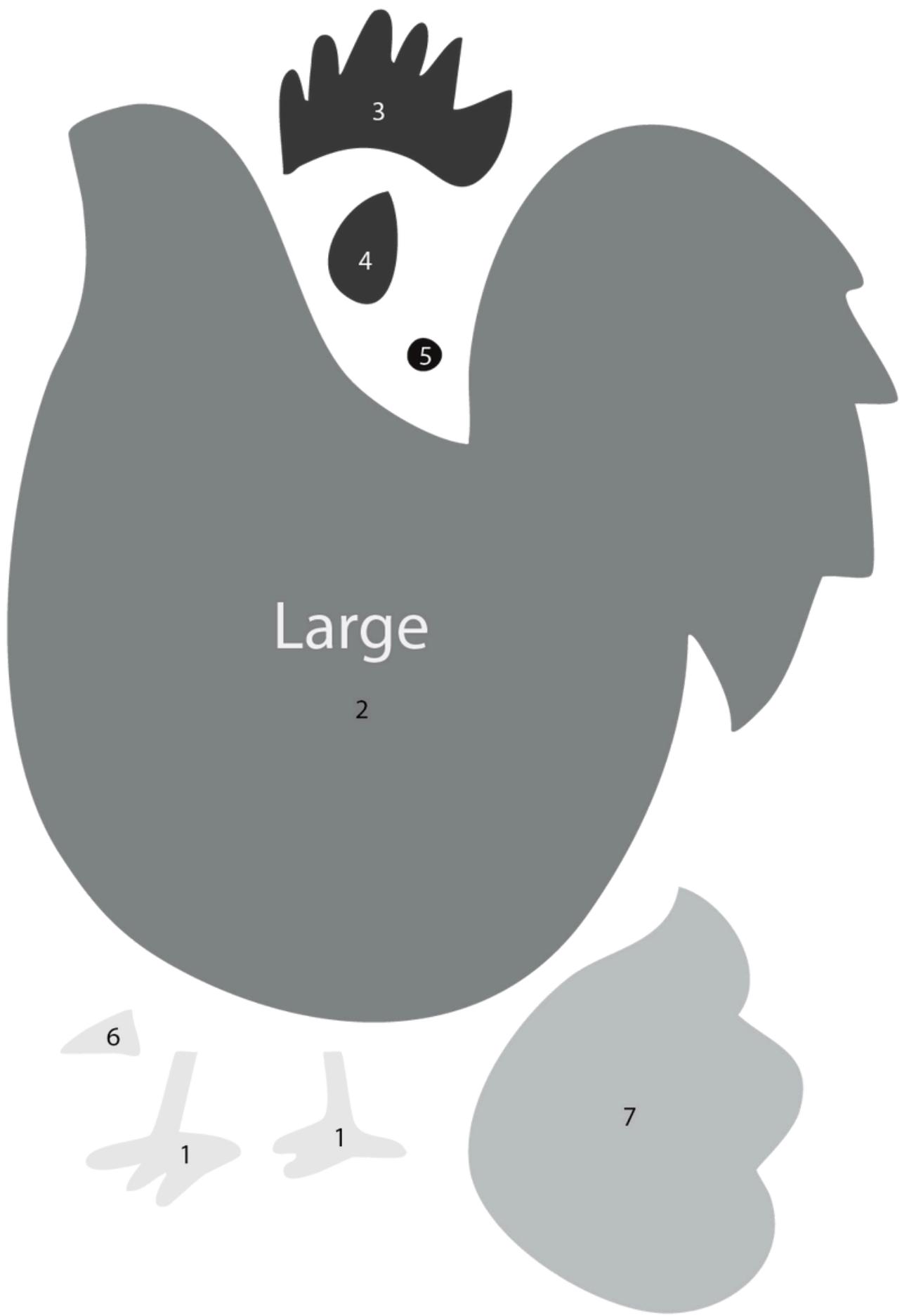
- Turn the sleeve right side out and iron. Your book sleeve is complete!  
**Fig (23)**

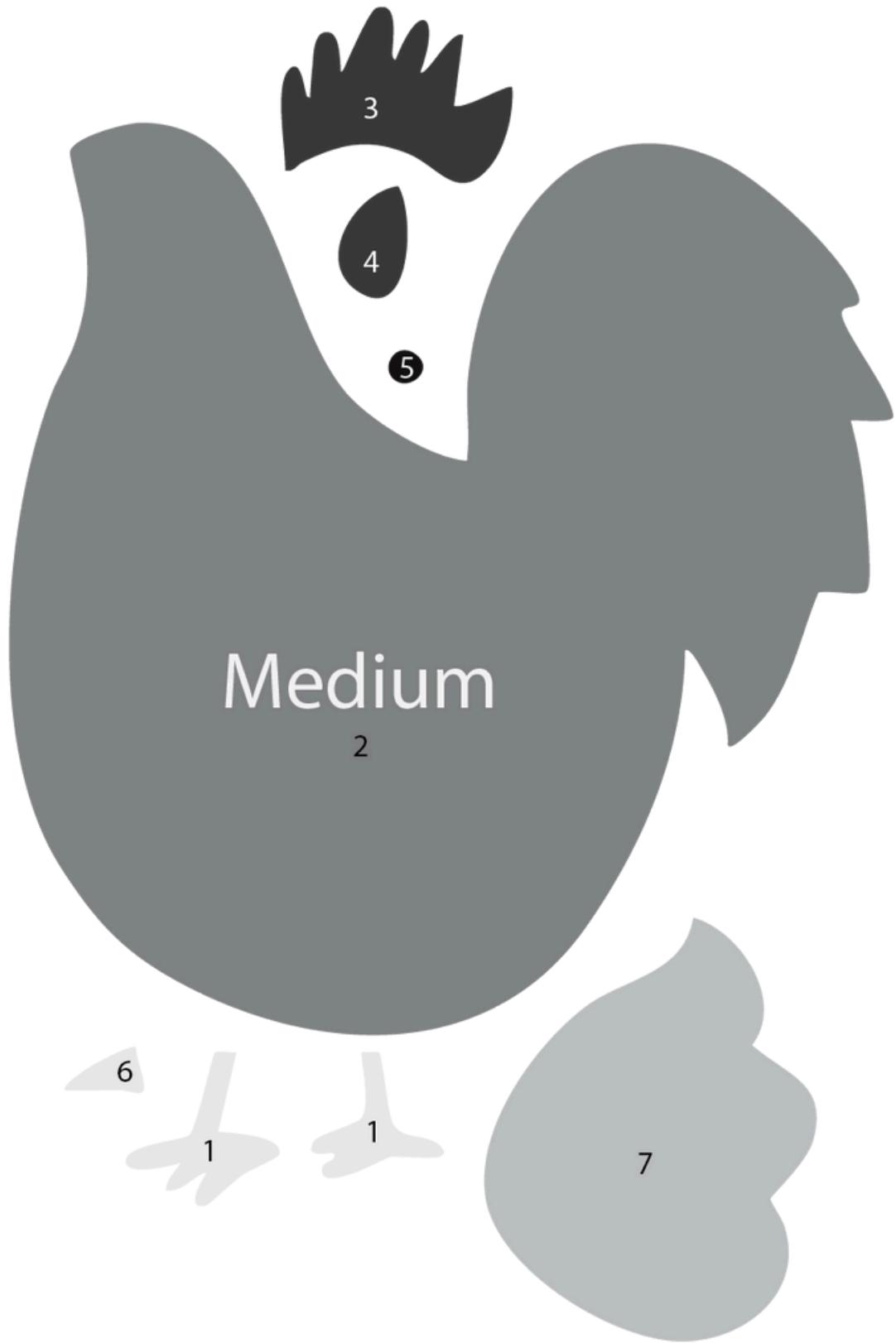
# Chicken Appliques Diagram

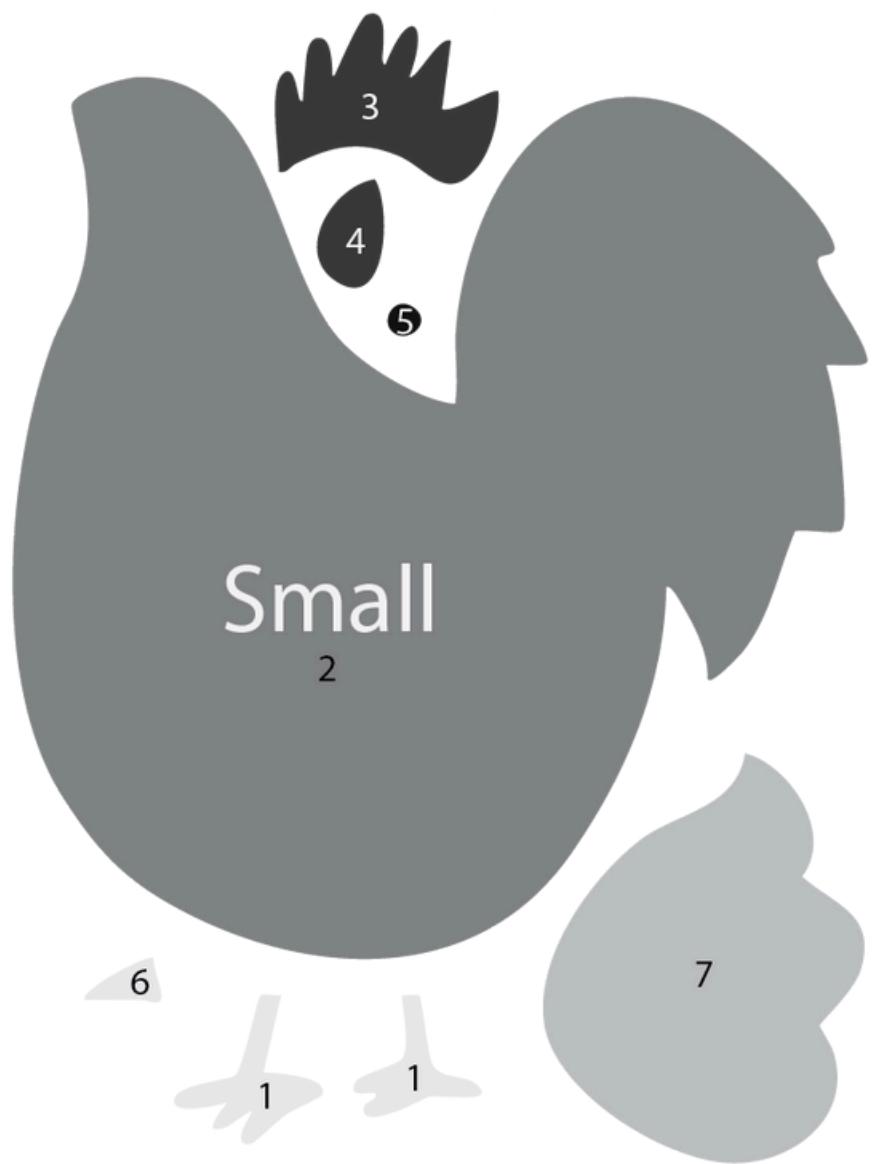


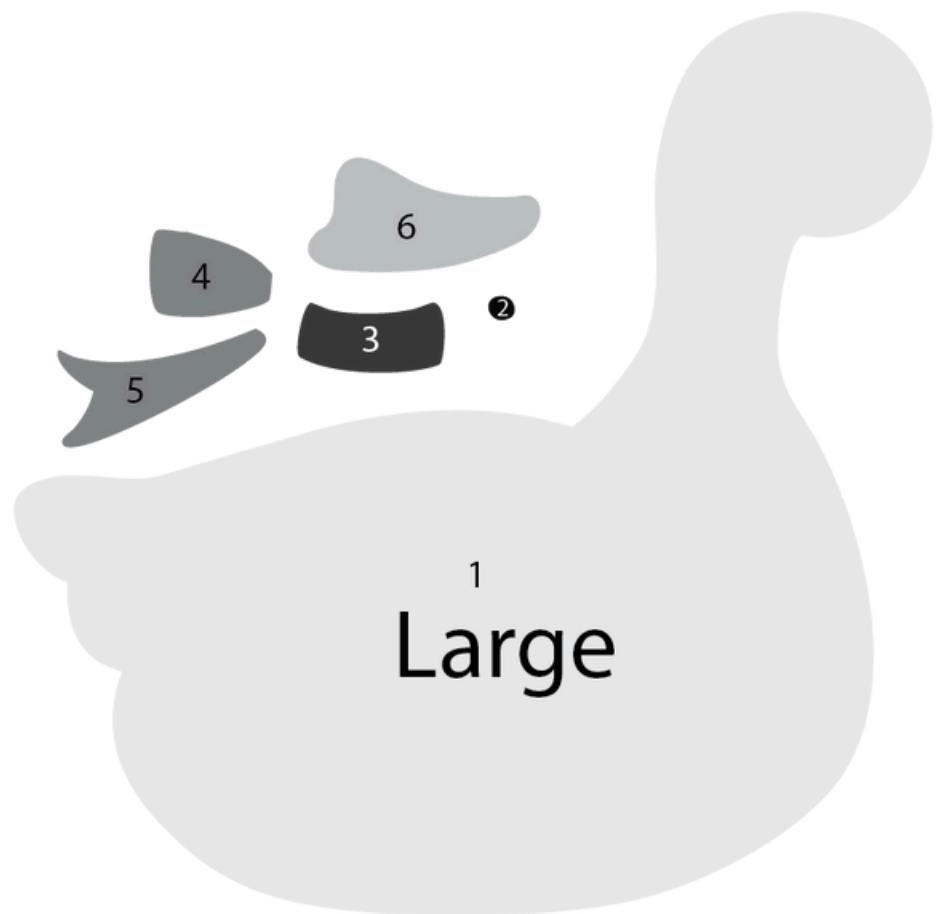
# Duck Appliques Diagram

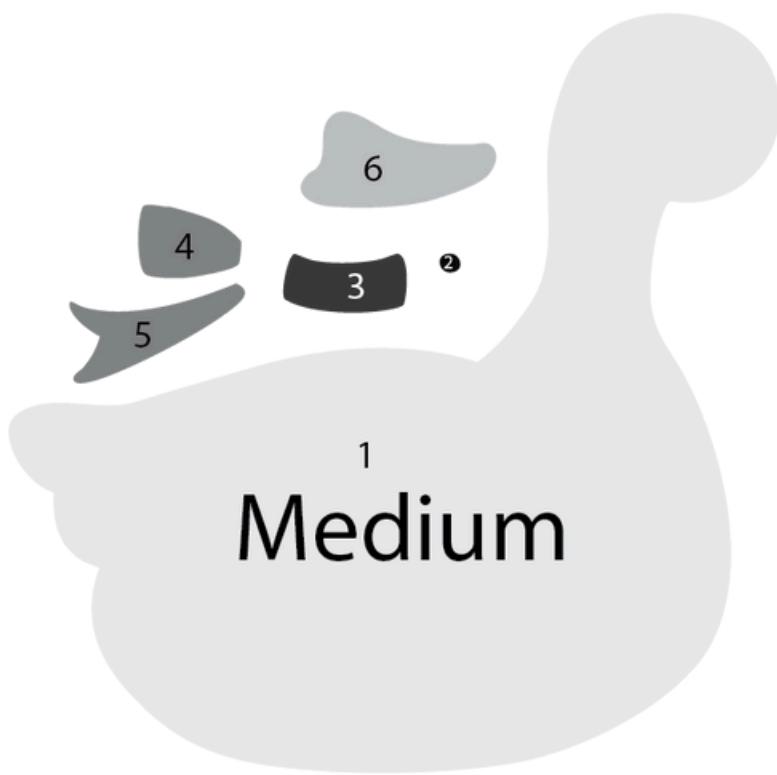


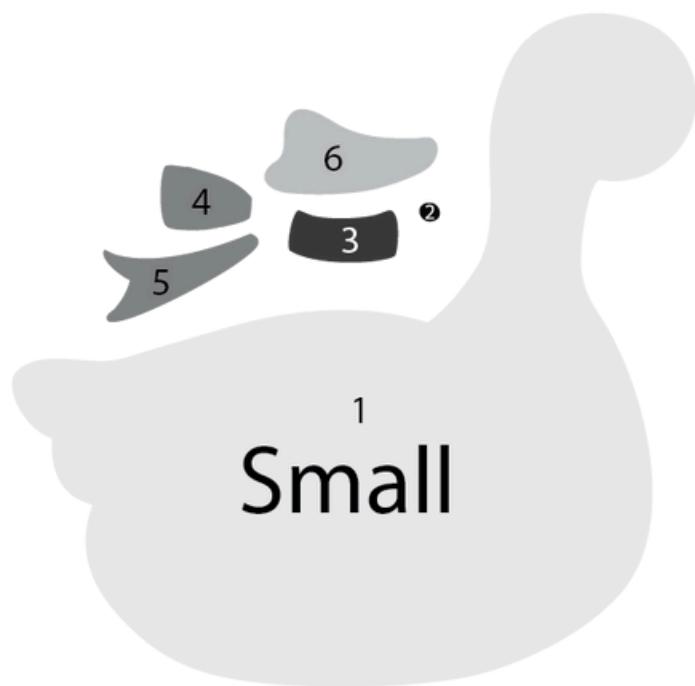




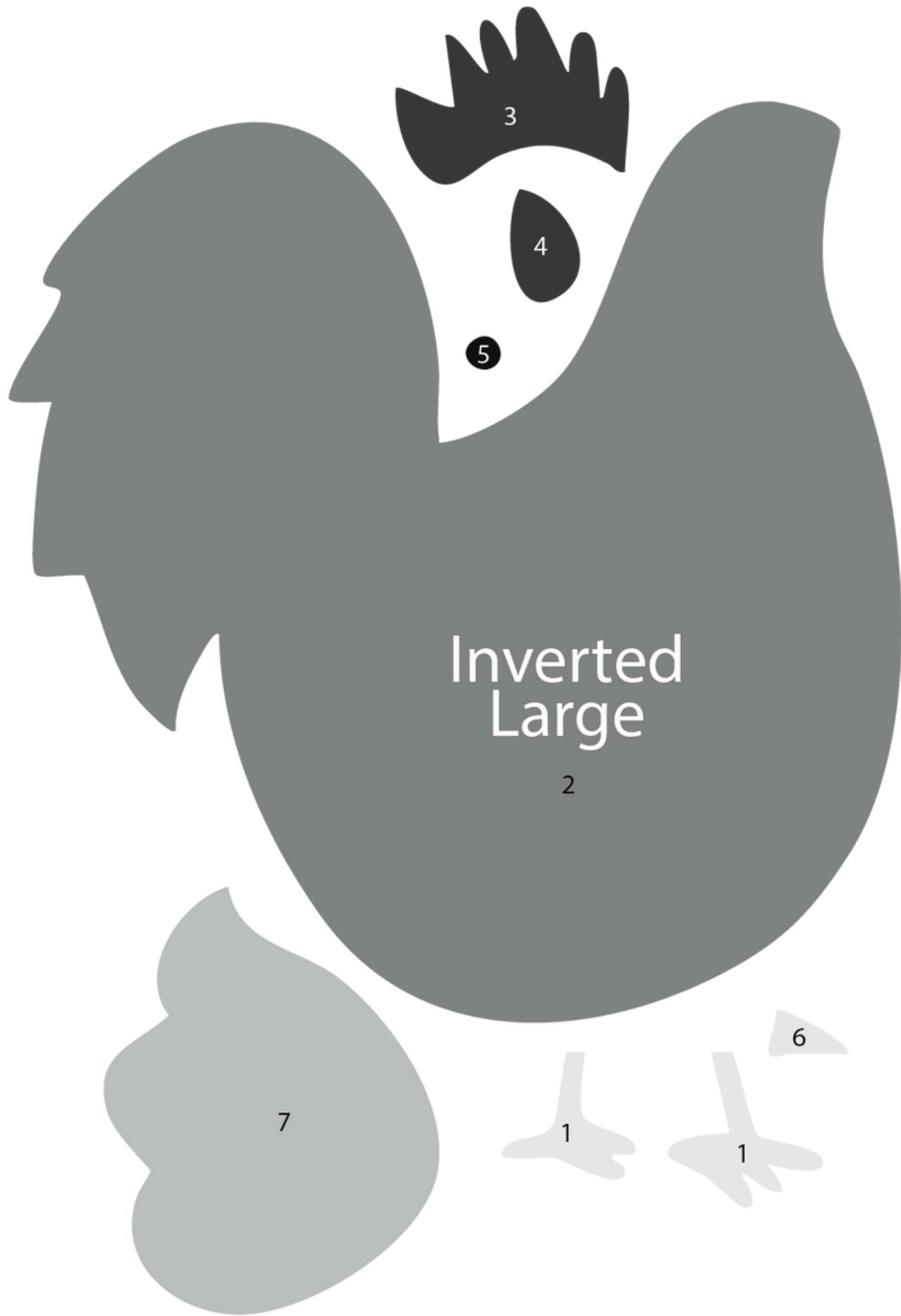




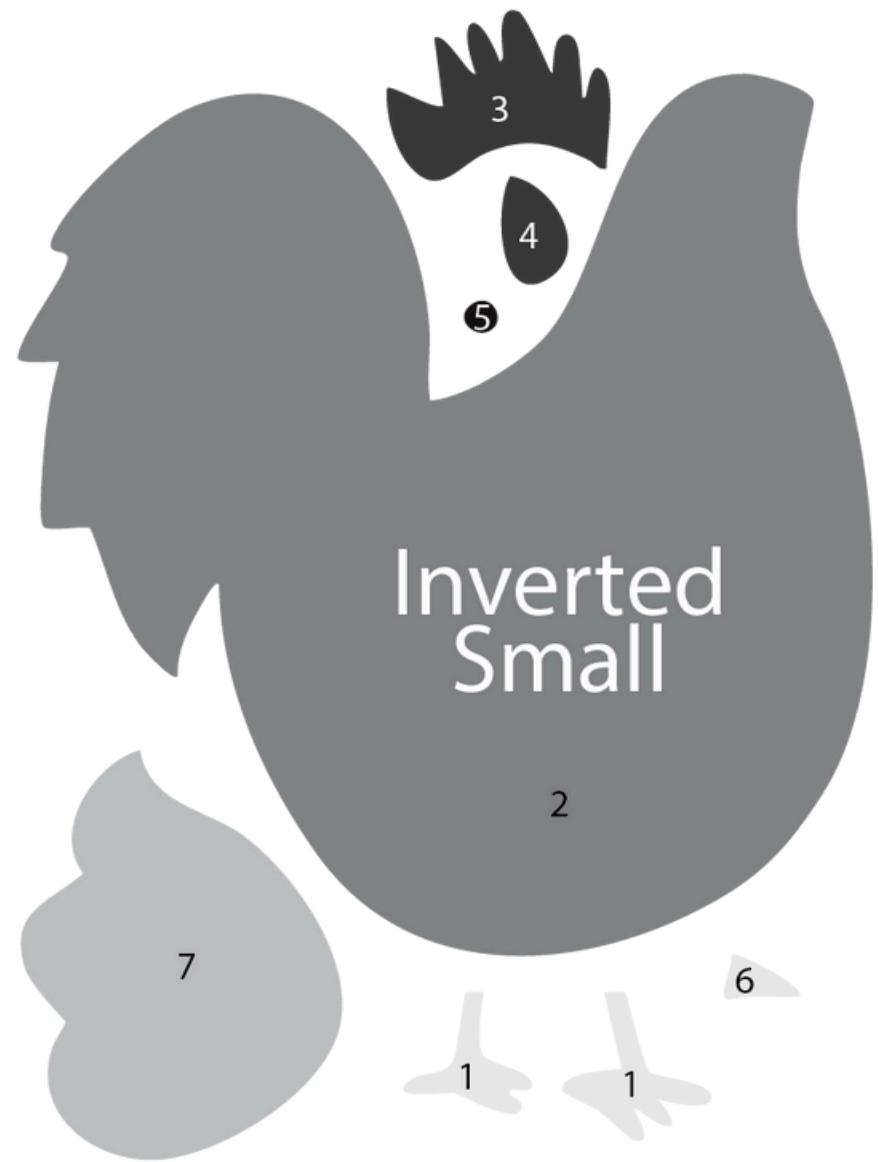


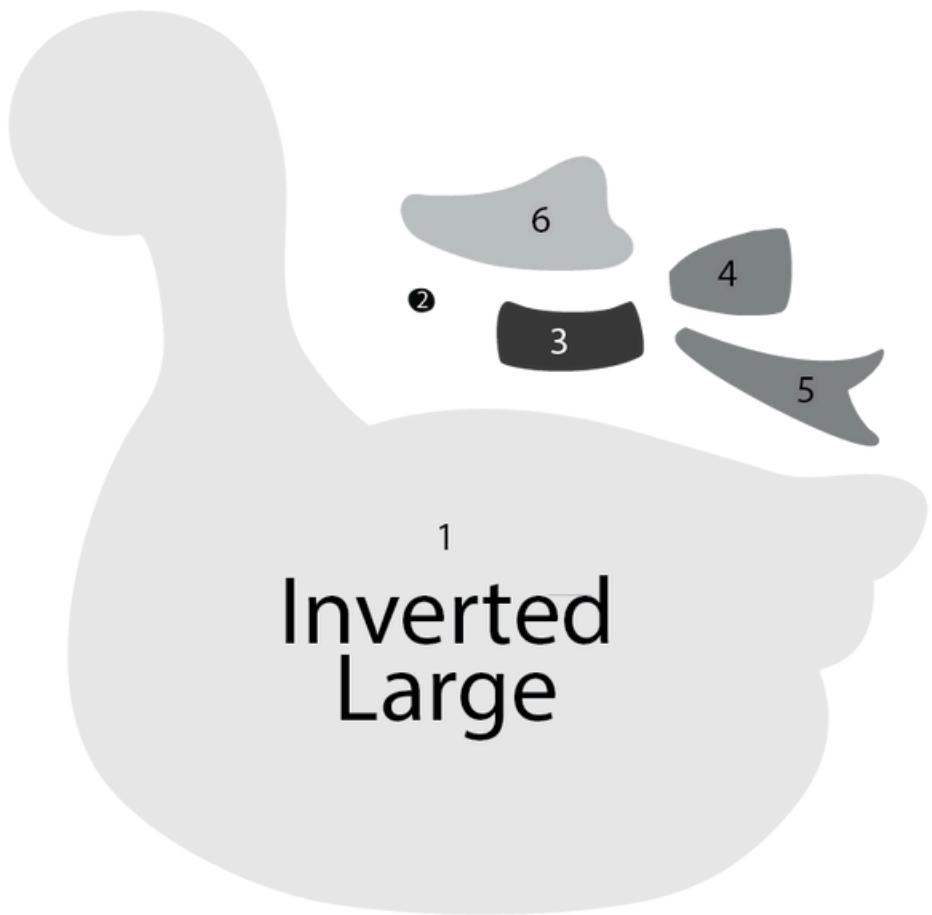


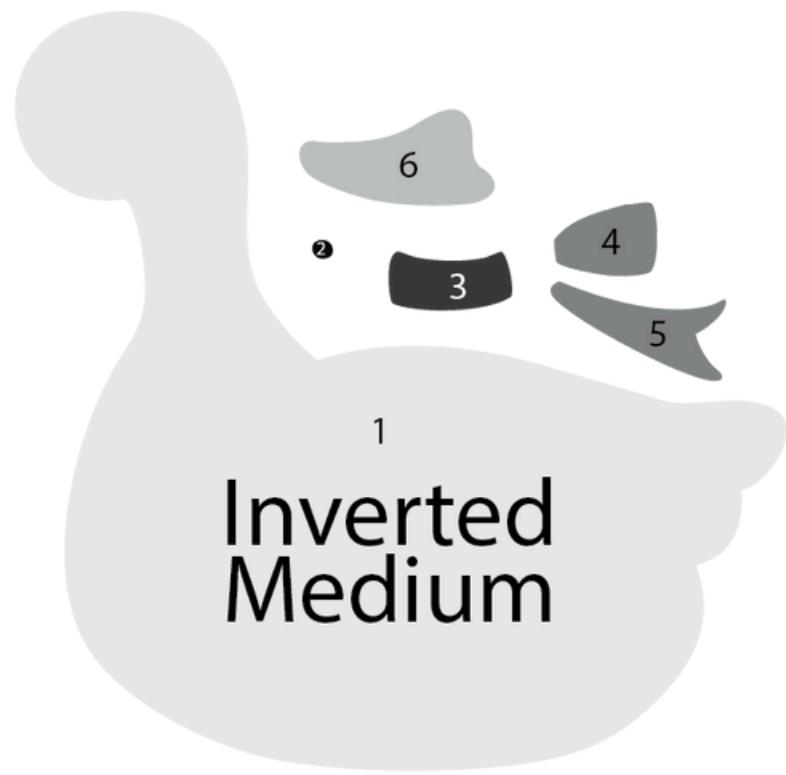
**Small**

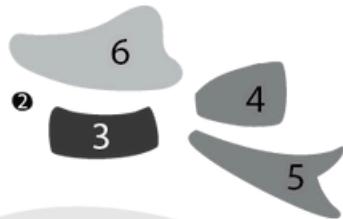












Inverted  
Small